



PEV presents: No Frills Theology
Brief spotlight talks and discussions on key points of
the Catholic Faith

Wednesdays, 7:15-8:15 PM
@ Kintore College, 2nd Floor Classroom

NO FRILLS

Theology

2025

JANUARY 15

WHAT IS A SACRAMENT?
THE SACRAMENTS OF INITIATION

FEBRUARY 12

THE SACRAMENTS OF HEALING:
CONFESSION AND ANOINTING OF
THE SICK

APRIL 9

SIN AND GRACE IN LENT & EASTER

JUNE 11

QUESTIONS ABOUT THE HOLY EUCHARIST:
WHY THE MASS?

AUGUST 13

THE SACRAMENTS OF MISSION: WHY
MARRIAGE? WHY CELIBACY?

OCTOBER 8

WHY MARY? DO CATHOLICS WORSHIP
THE MOTHER OF GOD?

NOVEMBER 12

IS THERE LIFE AFTER DEATH?
IS HEAVEN REALLY FOR REAL?

DECEMBER 10

CATHOLICISM & THE INCARNATION:
WHY IT MAKES SENSE

Kintore College Student Residence & Cultural Centre
75 Charles Street West, Toronto ON M5S 1K5

Spiritual Activities at Kintore College are entrusted to Opus Dei,
a Personal Prelature of the Catholic Church

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